

SUMMERVILLE

Family Health Team

Recommended Marriage and Family Therapists in Private Practice: Trained in Relational Life Therapy (RLT)

See www.Terryreal.com for articles and books on RLT

Clare Mezes, M.Sc.

416-512-6989

www.relationshipsforlife.ca

clare.mezes@relationshipsforlife.ca

Individual, Couple, Sex and Family Therapy; Certified in Marriage and Family Therapy, Sex Therapy and RLT, Intimacy Intensives, Parenting intensives, Corporate Workshops, Retirement Workshops, The Passion Workshop

Alison Collison MSW RSW

416-543-0295

693 Pape Ave, Toronto

www.therapyalisoncollison.com/index.html

alison@papetherapy.ca

Individuals, Couples & Families.

Don Warrington Masters Degree in Therapeutic Counseling (MTC)

416-565-8419

304 Keewatin Avenue near Yonge and Eglinton, Toronto

<https://donwarrington.ca>

Client Centered and Body-Centered work – Bioenergetics, Energy work, Mindfulness, and Holotropic therapy; training in RLT, EFT, Psychodrama, native medicine and Sociometry. Special Issues: Trauma, anxiety and addiction, couple and family therapy

Paul Ricketts M.A. Registered Marriage and Family Therapist and Sex Therapist

(905) 648-0786

14 Bold Street Hamilton, Ontario

L8P 1T2 (Corner of Bold and James Street South)

***Consultation by appointment only**

<https://www.psychologytoday.com/ca/therapists/paul-ricketts-hamilton-on/120574>

Important Note: The purpose of this document is for information and self management only, not to be substitute for professional help. The information is not all encompassing and is intended for people experiencing mild symptoms. Some material should be guided by a trained mental health professional. To be used at the discretion of the provider.