

## Family Support Services

<b>Agency Name</b>	<b>Contact Information</b>	<b>Services Offered</b>
<b>Angela's Place / Women's Services</b>	905-791-3887 x7058	For mothers 21 and younger experiencing overwhelming responsibilities.
<b>Association of Parent Support Groups of Ontario</b>	1-800-488-5666	Self-help and support groups for parents of disruptive youth with weekly meetings in Bolton, Brampton, and Mississauga.
<b>Children's Mental Health Ontario</b>	416-921-2109 <a href="http://www.cmho.org">www.cmho.org</a>	Evidence-based resources to help families and those working with kids to find trust-worthy, reliable information.
<b>Dufferin Child and Family Services D</b>	519-941-1530 <a href="http://www.dcafs.on.ca">www.dcafs.on.ca</a>	Mental health support for children, youth, and families.
<b>Dufferin Parent Support Network</b>	519-940-8678	
<b>Family Association for Mental Health Everywhere (FAME)</b>	905-488-7716 905-276-8316	Support for families who have a member with any mental illness. Individual or group support available in: Mississauga, Brampton, Orangeville, and Caledon. Also support for youth 13 - 17 and children 7-12 years old. Call for meeting times and locations.
<b>Family Education Centre</b>	905-452-0332 <a href="http://www.dufferincoalitionforkids.ca">www.dufferincoalitionforkids.ca</a>	Counselling for families, including specialized support for families whose loved one has borderline personality disorder
<b>Family Outreach and Response</b>	416-539-9449 <a href="http://www.familymentalhealthrecovery.org">www.familymentalhealthrecovery.org</a>	Assists families of people with schizophrenia through supportive services.

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<b>Institute for Advancements in Mental Health</b>	1-855-449-9949 <a href="mailto:support@iamentalhealth.ca">support@iamentalhealth.ca</a>	Offers telephone, counselling, and video counselling for families that have a loved one with a mental health issue.
<b>Mood Disorders Association of Ontario</b>	1-866-363-MOOD (6663) <a href="https://mooddisorders.ca/">https://mooddisorders.ca/</a>	
<b>Ontario Disability Support Program (ODSP-MCSS)</b>	905-460-5025 (Brampton) 519-822-7500 (Guelph) 1-877-466-5025 (TF) 905-897-3100 (Mississauga) 1-800-567-2953	
<b>Ontario Works (Dufferin County)</b>	519-941-6991	
<b>Ontario Works (Dufferin County)</b>	416-392-6400	
<b>Ontario Works (Region of Peel)</b>	905-793-9200	